

POP UP Choir Covid Plan for Term 4, 2021

Hi dear choir,

Thank you so much for your support this term to keep Pop Up Choir (and me!) alive and well. This term, I am going to provide some different options for you, so if you are not yet ready to sing face- to- face, or if you feel unwell and need to stay away, you can participate via a zoom class. I will send info soon about two new zoom class times in November. I am happy to give refunds to anyone who is reconsidering their choices and wants to wait till next year to resume choir.

FACE TO FACE CHOIR now starts Tues 9th and Thursday 11th November for 5 weeks.

Our task, should you choose to accept it, when we return to face- to face, is to decrease the chances of aerosol transmission of Covid 19. **Good ventilation is the key.** Please have a read of the great article below, sent to me by Andrew.

Aerosol transmission of Covid-19: A room, a bar and a classroom: how the coronavirus is spread through the air | Society | EL PAÍS in English

<https://elpais.com/especiales/coronavirus-covid-19/a-room-a-bar-and-a-class-how-the-coronavirus-is-spread-through-the-air/>

My responsibility

I will fully ventilate the room before each choir session, and wipe down common surfaces such as light switches, toilet doors, door handles. There will be half an hour between classes to fully ventilate the room.

Room will be fully ventilated during the sessions - both double doors open, and air-conditioner on.

Rehearsal will be one hour only, to reduce risk of exposure, with no tea break.

Chairs will be placed for 4 metre square rule with a limit of 23 pax per session.

I will sing with a mask and a mic, and stand on the stage, to reduce aerosol transmission, with a distance of 2 or more metres away from the front row.

Your personal responsibility

All choir members must be double vaccinated for the safety of everyone.

Check in with Covid QR code on entry

Please check you haven't recently been to an exposure site before coming to choir

Stay at home if you have any symptoms of Covid 19:

- fever, cough, tiredness, loss of taste or smell, sore throat, headache, aches and pains, diarrhoea, rash, irritated or red eyes.

Please sanitise your hands on entry, and your chair on exit.

Please chat outside, before and after choir, to limit the numbers and time indoors.

Wear a mask (it's mandatory for singing this time)

Sit or stand facing forwards, at a distance using the 4 metre square rule

Please bring warm clothes, jackets, beanies, so you don't get cold!

Bring your own thermos -no tea and coffee break to reduce risk of exposure

Lastly, some thoughts....

Our experience last year when we started back after the first lockdown was of mild surprise and gladness! It was better than we thought. We sounded lovely! People started to feel a new confidence at singing with less people, and standing further away from each other. Fabulous new people came to choir who didn't know it any other way. Most importantly, most of us, including me, adjusted. Then, after a term of that, we got a bit slacker, as humans do.

My task for the rest of this year all be to make sure I guide you as safely as I can, so that we don't get as loose in singing close and near each other as we were before Delta struck.

I want to try and see if we can be mildly surprised again! My thinking is, if we can keep things under control now for these last weeks of the year, things might just be a bit better for us when we return next year in term 1.

All my love, and thanks for reading this far!

Rachel

www.rachelhore.com

0428857230